

## The Healing Stone Day Spa

A place to relax, enjoy and rejuvenate, Japanese style. Located on the 21st Floor of the Emporium Hotel in South Bank, we offer a unique blend of services including Japanese massage, ganbanyoku (Japanese hot rock spa) and facial treatments. Experience service the Japanese way, with kindness, respect, and simple common courtesy. All we ask is that you relax and enjoy the experience.

To book please [Call: 07 2104 2611](tel:0721042611), or send us an [email](#).

### 岩盤浴 – Ganbanyoku Japanese Hot Rock Spa

Like a hot bath without the water, Japanese ganbanyoku (bedrock bathing) is a traditional heat treatment that relaxes, heals, and revitalizes. Our specially prepared hot stone chamber, built on a bed of volcanic basalt capped in over a ton of Himalayan rock salt, is the perfect place to relax, revive and rejuvenate all in one soothing process. Ganbanyoku stimulates the circulatory system, helps regulate the autonomic nervous system, boosts the immune system and is great for your skin. Want to know more about ganbanyoku? Visit our [Paddington spa website](#) to learn more.

60min \_\_\_\_\_ \$65

When packaged with our other treatments (excluding pregnancy massage) \_\_\_\_\_ +\$45

Sunday & public holiday 10% surcharge applies.

Enquire now: [Call: 07 2104 2611](tel:0721042611) or [Email](#)

## 🌀 Healing Stone's most popular spa day package

### 🌀 – Nagi Signature Package

Our most popular package combines relaxation massage with ganbanyoku. The combined treatment focusses on muscle relaxation and improving blood flow, helping to relieve stress and promote physical wellbeing. Perfect for those seeking to restore balance and harmony to mind and body.

90min massage + Ganbanyoku \_\_\_\_\_ \$225

75min massage + Ganbanyoku \_\_\_\_\_ \$200

60min massage + Ganbanyoku \_\_\_\_\_ \$175

45min massage + Ganbanyoku \_\_\_\_\_ \$150

All massage services include a pre-treatment Japanese foot bath.

Sunday & public holiday 10% surcharge applies.

For bookings [Call: 07 2104 2611](tel:0721042611) or [Email](#)

## PACKAGE OPTIONS

### **Tenku Weekday Drink Service**

For the best view in Brisbane visit the Terrace Bar located on the 21st Floor of the Emporium Hotel - a great way to finish off your visit to The Healing Stone. A drink voucher for The Terrace Bar is available with any packaged treatment combining massage or facial with ganbanyoku.

*Available weekdays (Monday to Friday) excluding public holidays.*

Hot/cold beverage - complimentary

Beer/wine \_\_\_\_\_\$7

Cocktail \_\_\_\_\_\$15

### **たわむれ - Tawamure Spa Day Experience**

Experience 5-star hotel luxury without the stay. The Tawamure package combines your regular spa treatment with a two hour pass to the Infinity Pool and the hotel sauna and includes a drink at the Terrace Bar. Available with any of our facial or body treatments.

*Subject to seasonal availability the Tawamure pool pass package can be booked between 10am and 5pm (last booking by 3pm) during weekdays Monday to Thursday (excluding public holidays) and on Sunday between 12pm and 5pm..*

Plus \_\_\_\_\_\$80

All massage services include a pre-treatment Japanese foot bath.

Sunday & public holiday 10% surcharge applies.

For bookings [Call: 07 2104 2611](tel:0721042611) or [Email](#)

## BODY TREATMENTS

### **しらべ - Shirabe Deep Tissue or Shiatsu Massage**

Shirabe is exploratory massage, employing traditional acupoint shiatsu or deep tissue massage to work those critical muscle and bone connections. Great for physically active people who want to resolve musculoskeletal issues and restore balance. Shiatsu, deep tissue, reflexology or a combination of your choosing.

90min \_\_\_\_\_\$190

75min \_\_\_\_\_\$165

60min \_\_\_\_\_\$140

45min \_\_\_\_\_\$115

With ganbanyoku +\$45

All massage services include a pre-treatment Japanese foot bath.  
Sunday & public holiday 10% surcharge applies.  
For bookings [Call: 07 2104 2611](tel:0721042611) or [Email](#)

### 琴音 – Kotone Signature Bamboo Massage

Our Kotone massage, evocative of the soulful refrain of the Japanese Koto, will transport you to another plane of physical sensation. Using specially prepared bamboo instruments our skilled practitioners enhance and amplify the traditional Japanese massage, curating a unique and truly delightful experience.

*Advance booking required.*

90min\_\_\_\_\_ \$200

75min\_\_\_\_\_ \$175

60min\_\_\_\_\_ \$150

With ganbanyoku +\$45

All massage services include a pre-treatment Japanese foot bath.  
Sunday & public holiday 10% surcharge applies.  
For bookings [Call: 07 2104 2611](tel:0721042611) or [Email](#)

### いぶき – Ibuki Pregnancy Massage

Pregnancy is that sweet burden of physical love that transcends all other human experience. Our pregnancy massage therapist can help with those aches and pains that come at this special time.

*Advance booking required.*

*For safety reasons is only available for pregnant mums from the second trimester (14 weeks or more into pregnancy). Our pregnancy massage treatment is not covered by the HICAPS.*

90min\_\_\_\_\_ \$200

Incl. facial\_+\$40

75min\_\_\_\_\_ \$175

60min\_\_\_\_\_ \$150

All massage services include a pre-treatment Japanese foot bath.  
Sunday & public holiday 10% surcharge applies.  
For bookings [Call: 07 2104 2611](tel:0721042611) or [Email](#)

### おさじ – Osaji Remedial Massage

Osaji remedial massage blends the art of traditional Japanese Edo era holistic medical practitioners (Osaji) with the best of modern remedial practice.

*Advance booking required.*

90min\_\_\_\_\_ \$210

75min\_\_\_\_\_ \$185

60min\_\_\_\_\_ \$160

45min\_\_\_\_\_ \$125

With ganbanyoku +\$45

All massage services include a pre-treatment Japanese foot bath.

Sunday & public holiday 10% surcharge applies.

For bookings [Call: 07 2104 2611](tel:0721042611) or [Email](#)

## うつくし - Utsukushi Facial & Body Treatment

Your face is the reflection of your heart and soul. Exposed to the elements and endless scrutiny, it needs special care and attention. Our classic all hand facial treatments, are skillfully executed using high quality, all natural Japanese facial products. Let us cleanse, restore and reinvigorate your visage to show you as your best self. Combined with body massage, Utsukushi will have you looking and feeling your best.

*90min & 120min facials include body massage.*

*60min facial includes head neck and shoulder massage.*

120min\_\_\_\_\_ \$280

90min\_\_\_\_\_ \$230

Incl. remedial\_\_+\$20

60min\_\_\_\_\_ \$160

With ganbanyoku +\$45

If you have skin allergies, please contact us prior to your booking.

All massage services include a pre-treatment Japanese foot bath.

Sunday & public holiday 10% surcharge applies.

Enquire now: [Call: 07 2104 2611](tel:0721042611) or [Email](#)